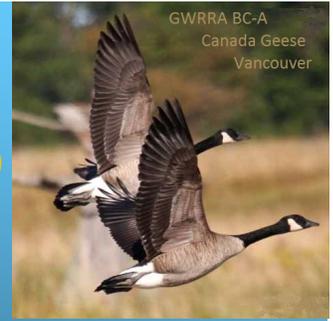


# Gold Nuggets



VOLUME 8, ISSUE 5

MAY 2019

## UPCOMING EVENTS

- PICNIC RIDE  
MAY 25TH BC-A
- MEMORIAL RIDE  
JUNE 1ST BC-A
- GYPSY RUN  
JUNE 7-9
- DUCK HUNT  
JUNE 8TH WA-D
- GREENHEART  
RUN JUNE 15TH  
BC-C
- RIDE TO EAT  
JUNE 22ND BC-A

## INSIDE THIS ISSUE:

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## Letter from the Chapter A Directors

### Chapter Director May Message

Several of us attended the 27<sup>th</sup> Annual MLA Ride in Victoria at the end of last month. This is the official kickoff to Motorcycle Awareness Month. 49 riders gathered on the steps of the legislative building in Victoria to spend some time with MLAs and discuss motorcycling issues. We heard from the Minister of Transportation, Claire Trevena. Motorcycle fatalities more than doubled last year and that is a major concern for the ministry and ICBC. Make sure you are doing your part to see and be seen while driving and riding in this great province.



We hosted our first ARC of the season last week (May 4<sup>th</sup>) with 10 bikes on the range. Everyone had a great time and all that participated came out as better riders. We will be hosting a “range only” course later in the year for those that want to brush up on their riding skills without the classroom portion. Stay tuned for details.

Some of you will be missing the next chapter meeting and instead will be attending the Victoria Days Rally in Salmon Arm, hosted by Chapter G from Kamloops. I hope all that attend have a safe weekend with lots of riding and fun.

Coming up is our annual Memorial Ride. This year we will be riding out to Chilliwack where members of Chapter C have volunteered to host a BBQ for us at the end of the ride. It should be a good time and lots of fun is planned.

The following week – June 7, 8, and 9 is the District Gypsy Run. If you haven’t signed up for this run, it isn’t too late. You can register online at <https://gwrna-nwc.com/blog/2018/12/01/gypsy-run-2019/> or email Keiller, our District Ride Coordinator.

**Don’t forget to get registered for the district Rally – Wings in the Cariboo, being held in 100 Mile House this July 25-28<sup>th</sup>. Motel rooms are filling up, so book early and take advantage of the early registration discount. We already have over 60 people signed up, but not many from Chapter A, so get yourself in gear and get registered!!** It is really easy to do – just go to <https://wingsinthecariboo.com> and get out your credit card.....

It is looking like a busy year for Chapter BC-A. We hope to see many of you out for these events and more. As always, have fun and ride safe!

Dave and Giselle  
Chapter Directors  
GWRRA BC-A,  
Vancouver

**Monitoring Radio**  
**CB Ch. 33**  
**Amateur Radio Frequency Simplex 146.490 and**  
**Repeater - Mount Seymour**  
**145.350 (tone 127.3)**



### May Wedding Anniversaries

Toby & Loraë Sandwell May 10th  
Peter & Sheila MacGregor May 10th  
Tom & Marian Goetz May 15th

### May Birthdays

John Schretien May 6th  
Chuck Taylor May 15th,  
Norman Manro May 31st

### GWRRA Anniversaries

Ivan Armstrong May 96  
Thomas Maki May 02  
Tom Goetz May 04  
Niels Jensen May 08  
Loraë Sandwell May 09  
Gord, Maria & Tyler Vanderpas  
May 11  
Raymon Castillo May 11  
Dave Ward May 12  
Marg Labron May 15  
Bonnie Vanderpas May 16

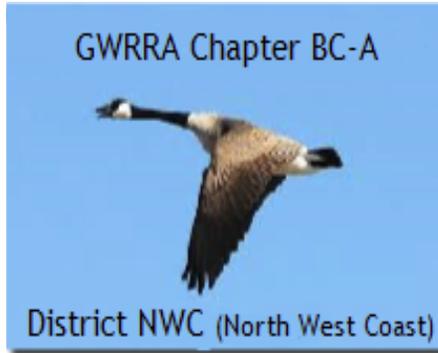
### Please help us keep our database current.

If you know of a member's birthday/wedding anniversary and we do not have them on this list please send us an email with the month and day of the special dates so they (or you) don't get missed!

To: [gwrра.gowans@gmail.com](mailto:gwrра.gowans@gmail.com)

Subject: Birthday and Anniversary update

## “Friends for Fun, Safety and Knowledge”



BC's Chapter A is located in Canada's third largest city, Vancouver British Columbia. Situated in the pristine natural beauty of the Pacific Northwest and nestled between the shores of the Pacific Ocean and the majestic peaks of the Coastal Mountain range. Riders and Co-riders are blessed with an abundance of some of the most scenic areas available to motor-

Chapter Directors

Dave Ward & Giselle Collins

email : [chapterdirector@gmail.com](mailto:chapterdirector@gmail.com)

### Chapter BC-A Vancouver

[www.gwrrabca.org](http://www.gwrrabca.org)

#### **Breakfast Gathering**

3rd Sunday of every Month (except Dec).

Ricky's Restaurant,  
2350 Boundary Rd, Burnaby, BC  
Breakfast 8:00 AM Gathering 9:00 AM

#### **Directors**

Dave Ward and Giselle Collins  
Email: [chapterdirector@gmail.com](mailto:chapterdirector@gmail.com)

### Chapter BC-C Chilliwack

[www.gwrra-bcc.org](http://www.gwrra-bcc.org)

#### **Dinner Gathering**

3rd Tuesday of every Month (except Dec)

Rendezvous Restaurant  
9360 Young Road, Chilliwack, BC  
Dinner 6:00 AM Gathering 7:00 PM

#### **Directors**

Karin Young  
Email: [gwrrabcc.director@gmail.com](mailto:gwrrabcc.director@gmail.com)  
Facebook: GWRRRA BCC

### Chapter BC-D Surrey

[www.gwrra-bcd.org](http://www.gwrra-bcd.org)

#### **Dinner Gathering**

1st Wednesday of every Month  
Ricky's Restaurant  
152nd & Fraser Highway, Surrey, BC  
Dinner 6:00 AM Gathering 7:00 PM

#### **Directors**

Doug Conley  
Email: [directorsbcd@gmail.com](mailto:directorsbcd@gmail.com)  
Facebook: GWRRRA BC-D

## 2019 Chapter BC A Team

**Chapter Directors:** Dave Ward & Giselle Collins  
**Treasurer:** Niels Jensen  
**Educator:** Kelly Parkes  
**Webmaster:** Keiller Gowans  
**Ride Coordinator:** Chuck Taylor  
**Membership Enhancement Coordinator:** Ian McAlpine

**Assistant Directors:**  
**Stores:** Giselle Collins  
**Historian:** Ivan Armstrong  
**Newsletter Editor:** Tracy Gowans  
**Games Coordinator:** Kelly Parkes

*If you are interested in holding a position on the Executive or would like to nominate someone*





## North West Coast District - March District Director's Message



### District Directors Message

Fellow Wingers:

Spring is here and along with it...rain! Karin and I got out for our first ride together in a while. Karin was on her new to her 97 Valkyrie, me of course the GL1800. She learned a few interesting things about the Valkyrie this trip. We ventured forth to the Olympic Peninsula in Washington state. Of course, that day we planned to start the ride it...rained. Se la vie, that is why they made rain gear. About an hour south of the border it started to clear and we had fairly good weather the balance of the trip. Enough about us.

We have launched a recruitment drive and all of you will receive your individual recruitment kits very soon. The district has decided to incentivize this program along with the incentives offered by GWRRA, (GWRRA offers: Chance to win a 7-night Alaska Cruise, "Find a Friend" program etc. see attached for details) District N.W.C. is holding a contest.

- Chapter with the most recruits – \$100.00 gift certificate vendor or charity of choice
- Chapter 2<sup>nd</sup> place – \$75.00 gift certificate vendor or charity of choice
- Chapter 3<sup>rd</sup> place – \$50.00 gift certificate vendor or charity of choice
- Individuals most recruits any & all chapters \$50.00 gift certificate vendor or charity of choice

By the way, I presented to the group at the Chapter BC-A meeting this month and that same day they had recruited 3 new members! It is easy and possible for everyone to get involved. All it really entails is speaking to fellow riders, wherever you meet them.

Our friends to the east, the Canadian Prairies District are holding a rally this year as well. We have posted the information on our district Web Page. **Have you signed up for our district rides and rally yet?** It's important to register early so organizers can plan appropriately and have the necessary seed money to book venues.

*Kevin Bramhoff  
is the  
District Director  
for the  
North West  
Coast District.*

## North West Coast District Director's Message Continued

There are also incentives to booking early. Registering for the District Rally prior to May 30<sup>th</sup> gets you a discount. **The Rally also has a cancellation policy that refunds all of your money except \$10 if you cancel prior to May 30<sup>th</sup>.** Rooms are booking fast and rally registration goes up in price after May so early registration will save you money and ensure your spot at this once every 2-year event!

Register today at:

[www.wingsinthecariboo.com](http://www.wingsinthecariboo.com) – District Rally

[www.gwrra-nwc.com](http://www.gwrra-nwc.com) – District Rides and Victoria Days Salmon Arm

We have 2 lower mainland ARC dates and I was hoping to see new and veteran members / riders & co-riders participate. Well both dates are full to capacity. We have completed an MFA (Medical First Aid – Chapter BC-A Hosted) and anticipate 2 more in the lower Mainland this Spring if possible. We will be scheduling more ARC's throughout the year and we will keep all apprised with information.

I am excited to take advantage of all the riding opportunities in our district this year. ***I would like to see a "profusion of participation" from all chapters at all riding events this year.*** Let's make it the best riding season ever! See you all real soon!

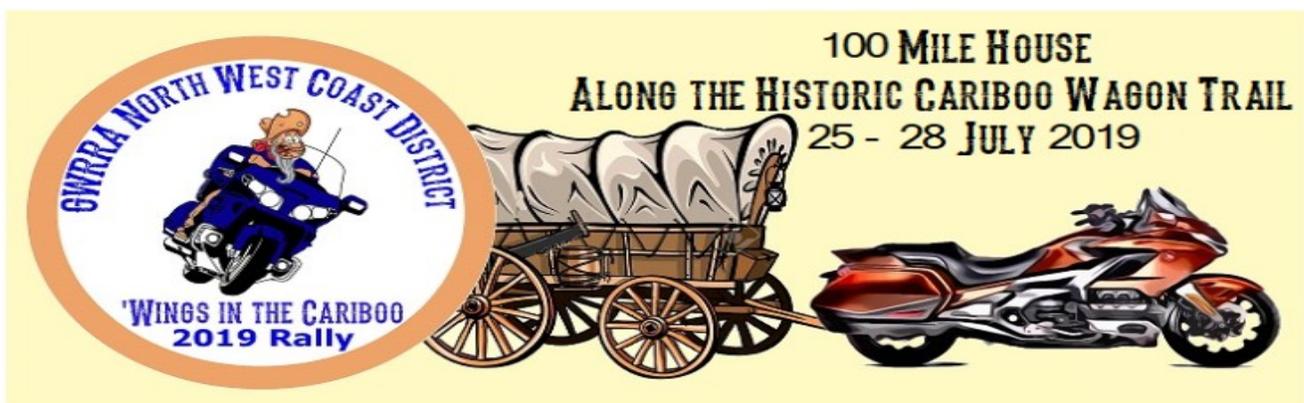
Thank you for being members of GWRRA; your membership and participation is what makes GWRRA the finest international riding association in North America.

Until I see you all again, Be safe – Ride safe.

Respectfully

Kevin Bramhoff

District Director – District N.W.C "The Great North West Coast"



## EVENTS—GWRRA Chapter A ARC May 3rd & 4th 2019

GWRRA Chapter A's Annual ARC (Advanced Riders Course) was held on May 3rd and 4th this year with Rob Ellis and Patrick Frampton at the helm. The weather was great and some great feedback was received from the members who attended. ***"Couldn't ask for a better day for all these people to ride and share some skills and knowledge! Way to go everyone! .. Rob Ellis Great day, great group, great teaching! Thank you" ... Mat Hermann "It was great to meet you all and to learn a lot to boot. So glad that I joined GWRRA!!" ... New member Sandra Ciparis***



**WE'RE RIDING TO  
MUSIC CITY!**

AUG. 27th - 31st, 2019

**Wing Ding 41 in Nashville, Tennessee**

# 27<sup>th</sup> Annual British Columbia Coalition of Motorcyclists MLA RIDE



A few of our GWRRR members attended the 27th Annual BC Coalition of Motorcycles MLA Ride on April 29th 2019, giving them a chance to speak directly to their individual member of the Legislative Assembly on motorcycling and safety issues that affect us and our families.



***For More Information on Events Throughout the District***

**please visit the district website  
gwrra-nwc.com  
where you will find links to  
individual chapter websites as  
well as district sponsored events!**

***Message from the Editor:***



**We need someone:**

- excited about putting together our monthly newsletter
- who is interested in participating in the chapter by taking it on or partnering with another member

**If you:**

- love talking to people
- gathering news stories
- writing a few yourself

**Please contact Tracy Gowans to express your interest in this fun position or to contribute an article, joke or great story.**

**Chapters**

- Alaska
- BC Motorcycle Drill Team
- Chapter BC-A, Vancouver
- Chapter BC-C, Chilliwack
- Chapter BC-D, Surrey
- Chapter BC-G, Kamloops
- Chapter BC-P, Prince George
- Chapter BC-V, Victoria
- Chapter YT-A, Whitehorse



**ADVANCED RIDING COURSE  
MAY 24TH & 25TH**

There are two ARC's (Advanced Riding Courses) scheduled for our area.

May 24th and 25th  
Friday night class is hosted by Chapter C  
45700 Wellington Ave, Chilliwack  
Saturday Course is at the UFV in Abbotsford.  
Please contact Karin Young at [gwrrabcc.director@gmail.com](mailto:gwrrabcc.director@gmail.com)



For those of you that are new to the GWRRA and signed up at the Motorcycle Show - here's your chance to take the course for free, you have first sign up. For the rest of you that are interested the fee is \$45.00.

Spaces are filling up fast, so please let us know if you are interested and want to take the course.

**Wing Ding 41**  
August 27th - 31st  
2019



Dave & Giselle  
Chapter Directors  
GWRRA BC-A, Vancouver  
[chapterdirector@gmail.com](mailto:chapterdirector@gmail.com)

**Registration Information:**  
**Print & Mail Application**  
**Online Registration**  
**or Call 1-800-843-9460**

**50/50 Draw Article—Submitted by Giselle Collins**

**First Aid Kits**



Now that riding season is in full swing I have been thinking about the first aid kit that Dave and I carry on the bike and I must confess that it is a bit scanty! I have also been thinking of how to provide information to First Responders – just a bit morbid isn't it? I know that Patrick Frampton carries information on a USB key in his left chest pocket

We all know that basic first aid is important and that BC-A has gone one step farther and invested in an Automated External Defibrillator (AED). That said there have been a couple of items/events recently that have given me the boost that I need to take action on this. These are:

- The recent BCA Medic First Aid (MFA) course that was held on March 16<sup>th</sup> and
- The May 2019 issue of Wing World (2 articles that are relevant)
  - Emergency Preparedness (page 32)
  - First Aid Kits (page 36) – see below
- A couple of “oopsies” on a recent ride. Only Band-Aids were required but the ones that were used were out-of-date (I guess the adhesive just gives it up, and dries up on the bike).

I am sure that most of our riders carry first aid kits but how often do we check and update them? Here is the “Bare Minimum Trauma Kit” from Steve Lakes First Aid Kits article.

1-2 CPR masks or Micro shields	Cleansing compresses
4-6 pairs of non-latex gloves	Bedadine swabs (or equivalent)
Face shield or clear glasses with surgical type mask	Wound wash
4-6 large rolls of 4-inch gauze	3 large triangular bandages (broken arms, etc)
4-6 large rolls of 3-inch gauze	Ace bandages (large and medium)
2-4 large surgical type pads (5x9 inch)	SAM splint
4 blood stopper sponges	Pneumatic splints
Assorted gauze pads (nonstick)	Cold packs
Assorted Band-Aids	Hot packs
2 rolls adhesive tape (1-inch wide)	Shock blanket (space blanket)
Trauma type scissors	Biomedical waste bag (or large zip locks)
Eyewash	Hand sanitizer
2-4 eye pads (cover both eyes if one is injured)	Glucose gel tube
	Tweezers
	Antibiotic ointment

I have also googled “First Aid Kits” and the following sites that look interesting

<http://gwrra.org/oconnect/newsletter/2012/GWRRRA%20International%20INSIGHT%20newsletter-%20November%202012.pdf> (page 2)

<https://www.instructables.com/id/Motorcycle-First-Aid-Kit/>

<https://www.firstaidanywhere.com/motorcycle-first-aid-kit.html>

<https://roadguardians.org/a-motorcycle-first-aid-kit-has-special-needs/> Ride Safe!!

## Membership Draw Article — *Submitted by Ivan Armstrong*

### One-and-a-half-minute law-EXCELLENT INFO



My name is Alexander, I am a cardiologist and a paramedic. A very important warning for those who wake up at night to go to the bathroom. You must be careful and use the “One-and-a-Half-minute law” which is scientifically proven. By waking up suddenly for one’s physiological needs normally, we often hear that someone “was well in good health and died suddenly during the night without reason.

The most likely reason is that when that person woke up to go to the bathroom, he/she got up from bed in a hurry, but the brain needs greater blood flow, for having rested, causing a state of fainting and that is when the stroke happens. It is recommended to learn the “One-and-a-Half-minute law” that can save your life.

When you wake up to go to the bathroom, you must first : Lay for 30 seconds after waking up and then sit up in bed for 30 more seconds lowering your legs quietly and sit like that for another 30 seconds, and only then get up and go to the bathroom.

With these steps the chances are gigantic to survive a sudden stroke, regardless of age.... Remember that you can save yours and the lives of many people sharing this information....

Prevention is better than healing\*

#### **Blood Pressure**

Arterial

- ⇒ 120/80 Normal
- ⇒ 130/85 Normal (Requires Control)
- ⇒ 140/90 High
- ⇒ 150/95 Very High

#### **Heartbeat per minute**

- ⇒ 72 BPM (Default)
- ⇒ 60 to 80 BPM (Normal)
- ⇒ 40 to 180 BPM (Abnormal)



**Compatibility of blood groups**, what’s your blood type and how common is it?

O+ (1 in 3), A+ (1 in 3), B+ (1 in 12), Ab+(1 in 29),O- (1 in 15), A- (1 in 16),B- (1 in 67), AB- (1 in 167)

#### **Water effect**

About the body, we know that water is important but you never knew the right time to drink!

Did you know, drinking water at the right time maximizes the effectiveness of the human body;

- 1 Glass of water after waking up, helps activate internal organs.
- 1 Glass of water 30 minutes before a meal help with digestion.
- 1 Glass of water before a shower helps to lower blood pressure.
- 1 Glass of water before sleep avoids stroke or heart attack.

# Buy & Sell

For Sale/Want ads are free and will run for 3 editions of the newsletter.  
Please contact the newsletter editor if you wish to extend it longer or if your item has been sold  
at [gwrri.gowans@gmail.com](mailto:gwrri.gowans@gmail.com) or phone Tracy Gowans 604 219 5836



## Galen Tschumi-Dion | Sales Manager

Honda Centre | 3766 1st Ave, Burnaby, BC V5C 3V9  
Ph: (604) 293-1022 | Cel: (604) 376-9887 | [hondacentre.com](http://hondacentre.com)  
Tuesday - Friday 9:00 - 5:30 PM | Saturday 9:00 - 5:00 PM

### 2002 GoldWing

49,675 kms

All new Steering head tapered roller bearings,

Tires are excellent,

Brakes new,

All fluids new.

It's listed on Craigslist for \$10,999, but for a GWRRA member will do \$9700 for a quick sale.

No doc fees obviously.



### F6B

This is Donn Champions old bike.

20,000 kms

Listed for \$15,500, but for a GWRRA member will do \$14,500.

Obviously excellent condition.

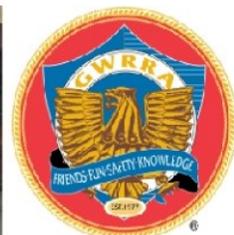
No doc fees obviously.



## Skills Training Anyone?

Anyone interested in getting together in a large parking lot with a few cones and practicing some riding skills? Send Kelly Parkes an email. If we get enough interested we will schedule it.

[kparkes@shaw.ca](mailto:kparkes@shaw.ca)



## **GWRRRA North West Coast District**

Friends for Fun, Safety and Knowledge

On the web at : [www.gwrra-nwc.com](http://www.gwrra-nwc.com)

Are you interested in :

- Participating as a district team member?
  - Helping out at district events?

Contact District Director—Kevin Bramhoff ([director@gwrra-nwc.com](mailto:director@gwrra-nwc.com))

# MARK THIS ON YOUR CALENDAR



## May 2019

1	Dinner Gathering	BC-D
5/19	Breakfast/Ride	BC-C
11	Memorial Ride/Ice Cream Social	BC-D
12	<b>Happy Mothers Day</b>	
19	Breakfast Gathering	BC-A
18-20	Victoria Days/Salmon Arm Rally	BC-G
21	Dinner Gathering	BC-C
25	Picnic Ride	BC-A

## June 2019

1	Memorial Ride	BC-A
5	Dinner Gathering	BC-D
7-9	Gypsy Ride	district
8	Duck Hunt	WA-D
2/16/30	Breakfast/Ride	BC-C
15	Greenheart Run	BC-C
16	<b>Happy Fathers Day</b>	
18	Dinner Gathering	BC-C
22	Ride to Eat	BC-A
23	Breakfast Gathering (week later)	BC-A
29,30,1	Long Weekend Ride	BC-A
29,30,1	Kootenay Loop Ride	BC-D

## July 2019

29,30,1	Long Weekend Ride	BC-A/C
29,30,1	Kootenay Loop Ride	BC-D
3	Dinner Gathering	BC-D
6,7	Cascade Loop Ride	BC-A
14/28	Breakfast /Ride	BC-C
16	Dinner Gathering	BC-C
21	Breakfast Gathering	BC-A
25-28	NWC District Rally—100 Mile House	

## August 2019

7	Dinner Gathering	BC-D
10	Duffy Lake Loop Ride	BC-A
11/25	Breakfast/Ride	BC-C
17&18	Island Loop Ride	district
18	Breakfast Gathering	BC-A
20	Dinner Gathering	BC-C
24,25	Auto Museum Ride (Tacoma)	BC-A
27-31	Wing Ding 41—Nashville TN	
30-Sep1	Gold Run	BC-D





# RIDERS WANTED

## Riders Wanted

The BCMDT is looking for you to try something interesting and it involves riding your motorcycle around mostly scenic, and interesting roads all around our area.

### **Abbotsford Air Show**

**Aug 9, 10 & 11 2019**



August 9th (Twilight), 10 & 11th, 2019

ABBOTSFORD INTERNATIONAL AIRSHOW

1464 Tower St. Abbotsford, BC V2T 6H5

Phone: (604) 852-8511 ext 103

[www.abbotsfordairshow.com](http://www.abbotsfordairshow.com)



Here is the link to register  
--- [MOTORCYCLE](#)

Or contact Ian McAlpine at [mr.imca@telus.net](mailto:mr.imca@telus.net)  
Sandra Bater at [Sandra@abbotsfordairshow.com](mailto:Sandra@abbotsfordairshow.com)

## **Do you have a great idea for a newsletter Article?**

### **Have you ever thought about becoming the Newsletter Editor?**

Sounds like a daunting task to put your thoughts down on paper and send it in but really just a few lines is all it really takes. Take a few minutes and send us whatever you have.... We love photos too.

- Did you go on a great ride lately?
- Did you attend a great event or meet some great people?
- Maybe find a solution to a problem others may also be trying to fix?
- Are you a techy and want to share your knowledge?
- Maybe you have a burning question we can publish in the newsletter?

**Contact Tracy Gowans at [gwrra.gowans@gmail.com](mailto:gwrra.gowans@gmail.com) with your ideas.**

**Deadline for articles for the June Newsletter is June 1st 2019**

# Chapter A Stores

## For Sale items

	Description	Quantity on hand 2018-December-31	Cost
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### Patches:

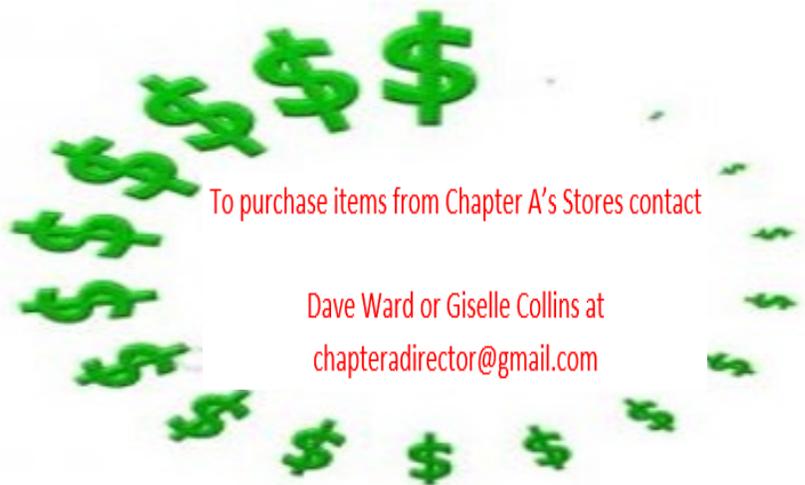
Rocker	BC-A Vancouver chapter (black and gold with flags)	6	\$22.00
Rocker	BC-A Vancouver chapter (white, 2 Canada flags)	1	\$22.00
Rocker	District NWC	0	\$20.00
Round	10" GWRRA (multi-colour with griffin)	4	\$17.00
Round	10" GWRRA (black and gold with griffin)	3	\$17.00
Round	4" GWRRA (multi-colour with griffin)	6	\$7.00
Round	4" GWRRA (black and gold with griffin)	5	\$7.00
Round	4" GWRRA (black, blue and gold with griffin)	15	\$7.00
Round	4" GWRRA BC-A (blue with Canada goose)	5	\$7.00

### Pins:

GWRRA BC district – large		2	\$5.00
GWRRA BC district – small		4	\$3.00
BC-A hanger bars		80	\$3.00
PinSaver (10 pack)		4	\$7.00

### Clothing

Hat : ball	One Size	3	\$10.00
Shirt : Long Sleeve	2xl-Men	2	\$35.00
Shirt : Long Sleeve	XL-Men	1	\$35.00
Shirt : Short sleeve sport	2xl-Men	2	\$35.00



To purchase items from Chapter A's Stores contact

Dave Ward or Giselle Collins at  
chapteradirector@gmail.com

# It's a new ERA!



Motorcycles are just machines that we use to transport us during the pleasant activity of riding, nothing more. It is just a preference, not a reflection on the rider good or bad!

District Policy is to embrace all bikes and all styles.

District N.W.C. *"The Great North West Coast"*

District N.W.C. Top Rockers available now!



Update your Jacket & Vest  
Ask your Chapter Director

Only \$18.00





# GWRRRA Chapter BC-A Annual Memorial Ride June 1st, 2019



**Starting At:** **Holeshot Motorsports**  
8867 201 Street Langley BC  
(200st exit off HWY #1)

**Registration Starts at 8:00 am** with Coffee & Donuts  
**First Bike out** at 9:00am  
**Last Bike out** by 9:30am  
**Last Bike in** about 3:00pm

**Ending At:** **Chilliwack Airport Flight Club**  
46244 Airport Road Chilliwack BC

Registration **\$20.00** includes Poker hand and BBQ

**Remember, Ride your own Ride. You are responsible for your own safety.**

You are to assume appropriate responsibility for any incident in which you are involved.

I understand that Chapter BC-A or GWRRRA is not responsible for any accidents or damage to self or property, which may result by reason of participation in this event.

Rider's Name: \_\_\_\_\_ Co-Rider's Name: \_\_\_\_\_

GWRRRA Member #: \_\_\_\_\_ GWRRRA Member #: \_\_\_\_\_

Rider's Signature: \_\_\_\_\_ Co-Rider's Signature: \_\_\_\_\_

Chapter Affiliation: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ Province/State: \_\_\_\_\_ Postal Code/Zip \_\_\_\_\_

# The Gypsy Run June 7—9th 2019

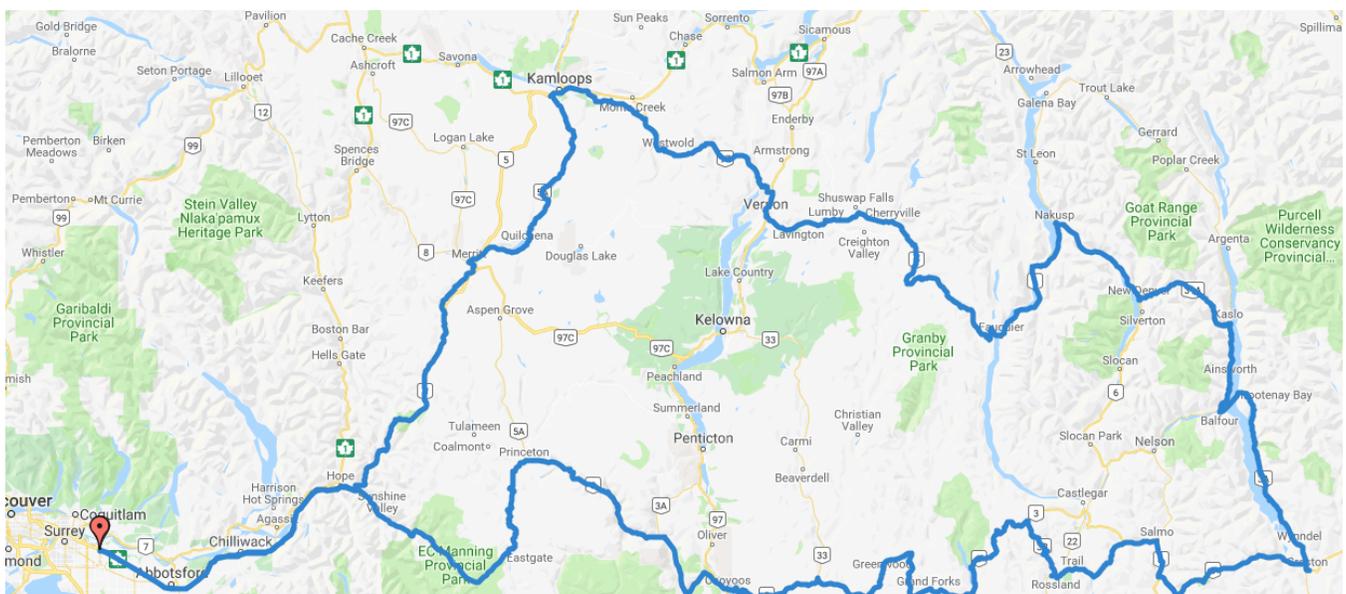


This is a three day ride along some of the most beautiful motorcycle routes British Columbia has to offer. Our first day will include routes through Southern BC along highway 3 to Grand Forks. Day two will see us riding through beautiful mountain passes and along pristine lakes to the quaint town of Nakusp. Day three takes us through more mountains and into Central BC ranch and farm communities before heading back down to the Fraser Valley.

You will need to make your own motel reservations. We have blocked rooms at the following venues for your convenience. You must call them directly to reserve a room and tell them you are with the Gold Wing Road Riders North West Coast District.

Once you have registered, you will be contacted by the rider coordinator and will receive more information about the starting point and ride procedures. Have fun!

- ◇ Ramada Limited Grand Forks June 7th 2019 (250) 442 2127
- ◇ Western Traveller Motel Grand Forks June 7th 2019 (250) 442 5566
- ◇ Selkirk Inn Nakusp June 8th 2019 (250) 265 3666
- ◇ Leland Hotel Nakusp June 8th 2019 (250) 265 4221





# GWRRR DISTRICT NWC "WINGS IN THE CARIBOO" RALLY



**July 25-28, 2019**

**Pre registrations postmarked prior to June 1, 2019 will be entered in a draw to have your registration fee refunded.**

- **Registration**
  - Early ( by May 30) - \$35.00    X \_\_\_\_ = \_\_\_\_
  - Late ( After May 30) - \$40.00    X \_\_\_\_ = \_\_\_\_
- **Catered Dinner Ticket**
  - \$28.00 X \_\_\_\_ = \_\_\_\_
- **Friday BBQ Ticket**
  - \$15.00 X \_\_\_\_ = \_\_\_\_
- **50/50 Tickets**
  - 3/\$5.00 X \_\_\_\_ = \_\_\_\_
- **Door Prize Tickets**
  - 3/\$5.00 X \_\_\_\_ = \_\_\_\_
- **Poker Run Tickets**
  - \$2.00ea X \_\_\_\_ = \_\_\_\_

**Please indicate if Vegetarian desired Y / N**

**Rally Logo Wear Options (Circle size)**

**Unisex T-Shirt**    SM   M   LG   XL   XXL   XXXL   \$20.00   X \_\_\_\_ = \_\_\_\_

**Zipper Front Hoodie**    SM   M   LG   XL   XXL   XXXL   \$35.00   X \_\_\_\_ = \_\_\_\_

Rider Name \_\_\_\_\_ Chapter \_\_\_\_\_

Co-Rider Name \_\_\_\_\_ Chapter \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_

ST/Prov \_\_\_\_\_ Postal/ZIP Code \_\_\_\_\_

Email \_\_\_\_\_

**Registration Total**            \_\_\_\_\_

**Dinner Totals**                \_\_\_\_\_

**BBQ Total**                      \_\_\_\_\_

**50/50 Total**                    \_\_\_\_\_

**Door Prize Total**              \_\_\_\_\_

**Poker Run Total**              \_\_\_\_\_

**Clothing Total**                \_\_\_\_\_

**GRAND TOTAL**                \_\_\_\_\_

**AGREEMENT**

I/We the undersigned, agree to comply with the rules governing this event. I/We hold harmless GWRRR, its Officers, representatives, and event sponsors, for any loss of personal property or personal injury. I/We have read and understand this form.

Signature Rider \_\_\_\_\_ Date \_\_\_\_\_ Member# \_\_\_\_\_

Signature Co-Rider \_\_\_\_\_ Date \_\_\_\_\_ Member # \_\_\_\_\_

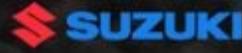
**MAKE CHEQUES PAYABLE TO GWRRR DISTRICT NWC**

Mail to: GWRRR District NWC,  
#211 - 45700 Wellington Avenue  
Chilliwack, British Columbia  
Canada V2P 2E4

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**604.882.3800**



## CARTER *Motorsports*

### CONTACT

1502 West 3rd. Ave., Vancouver, BC V6J 1J7

Toll-Free: (877) 976-5635

Phone: (604) 330-5248



## Contact Us

phone: +1 (604) 293-1022

Toll free: +1 (866) 299-1022

Fax: +1 (604) 293-1060

email: [contact@hondacentre.com](mailto:contact@hondacentre.com)

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# GWRRA Chapters BC-A & C



## July Long Weekend Cashmere, WA

10 Rooms Block Booked under Karin Young at:  
Cashmere's Village Inn Motel  
229 Cottage Ave, Cashmere, WA  
98815, USA  
Phone: +1 509-782-3522  
<http://www.cashmervillageinn.net/>

Walking distance to all downtown  
amenities, shopping, restaurants  
and events

Ample parking in a dedicated parking lot



### 29 June

Chapter C: 7AM Meet at Evans Rd Chevron

Chapter A: 8AM Meet at the  
Chevron on H Street in Blaine

The two Chapters Meet for Breakfast  
at 10AM at the HomeTown Café  
in Sedro Wooley

### 1 July

Ride back to Canada

For more info contact:  
[director@gwrra-nwc.com](mailto:director@gwrra-nwc.com)

**Cashmere Village Inn is...**  
15 minutes away from Leavenworth  
and Wenatchee  
Two blocks away from Riverside Park  
along the Wenatchee River

**Cashmere has...**  
The only memorial for 9/11  
Two antiques shops  
Applets and Cotlets candy factory  
with Daily Tours  
Cashmere Pioneer Village Museum





# WESTCOAST MOTORCYCLE RIDE TO LIVE

Raising Funds and Awareness for Prostate Cancer

[Welcome](#) | [Description](#) | [Register Now](#) | [Sponsor a Participant](#) | [Login](#)

## GWRRRA North West Coast District - Welcome to our team fundraising page

Team Name: GWRRRA North West Coast District

Team Leader: David Ward

2019 Ride to Live Vancouver

Starts: May 26, 2019



Our message:

[Help us save BC men by fighting Prostate Cancer!](#)

[We are participating in the Westcoast Motorcycle Ride To Live, to raise much needed funds for Prostate Cancer Foundation B.C.](#)

[Please help us reach our fundraising goals! Just click the name of the person you would like to support to see their personal fundraising page and make a donation. Thank you in advance for your generosity!](#)

[edit]

### Team Progress

<b>Our Goal:</b>	\$1,000.00
<b>So far we raised:</b>	\$770.00
<b>Donations which will continue each month:</b>	\$0.00
	77.0% Achieved!

**GWRRRA North West Coast District**

### Sponsor a Team Member:

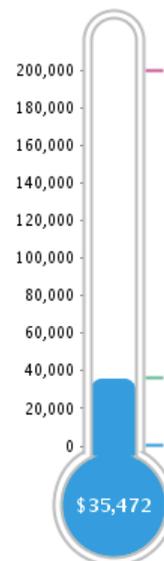
- Dan Fortin
- David Ward
- Tom Morton
- Valerie Fortin

[Join GWRRRA North West Coast District](#)

[Join GWRRRA North West Coast District](#)

[Do you want a page like this?](#)

Share



**Renew your membership or recruit a new member and be entered to win an Alaskan Cruise!**

Explore Alaska with seven nights on the illustrious Celebrity Solstice.

Enjoy the majesty of the last frontier from your Deluxe Balcony Cabin while at sea.

June 5, 2020, you will begin your journey from Seattle's port, visiting Ketchikan, Juneau, Skagway, Victoria, and returning to Seattle June 12, 2020.



**How To Enter:**

Join or renew your GWRRA Membership and receive one entry.

Recruit a new Member and you both receive an entry.\*

No limit on entries.

FOR MORE DETAILS CALL

**1-800-843-9460**

\*One household equals one entry. There is not limit to how many households are recruited by a Member.

Prize is not redeemable for cash. Dates of cruise and cruiseline cannot be changed. Airfare and port fees are not included. GWRRA status must be current for recruitment eligibility. Entry eligibility begins March 21, 2019, and ends March 31, 2020. Drawing for the winner will be April 30, 2020. Prize provided by Wingers-N-Waves.

**Recruit 1 member - receive a Find-A-Friend pin.  
Recruit 5 members -receive a five-heart bar.  
Recruit 5 households - receive a \$65 Gift Certificate!**

**LET'S GROW  
OUR FAMILY WITH THE  
FIND-A-FRIEND PROGRAM**

**RECRUIT 5 NEW HOUSEHOLDS  
& YOUR NEXT RENEWAL IS  
FREE!** [CLICK FOR DETAILS](#)

# LET'S RIDE!

## Monthly Chapter Gathering

Chapter BC-A, Vancouver

The THIRD Sunday of each Month  
(except Dec)

**Ricky's Country Restaurant**

Boundary Rd at Lougheed Hwy

2350 Boundary Rd

Burnaby, BC

(604) 293-1242

Breakfast at 8:00 am Gathering at 9:00 am

Enjoy breakfast with new and old friends, or come for a cup of coffee before the meeting.

See you there.

### WEEKEND / STATUTORY HOLIDAY RIDES

If there are NOT any Lower Mainland Rides/  
Events on our Chapter Schedule then you  
can expect a ride from the McDonalds at  
the Boundary Road/Lougheed Highway  
intersection, Vancouver.

Coffee from 8:00 am

Ride leaves at 9:00 am

Saturday, Sunday and All Statutory Holidays

### Chapter BC - A

### Tuesday Night Rides

Coffee Social (ride in season)

Wendy's Restaurant

(Boundary and Grandview)

Coffee From 5 pm

Ride Leaves between 6:30 pm and 7 pm

